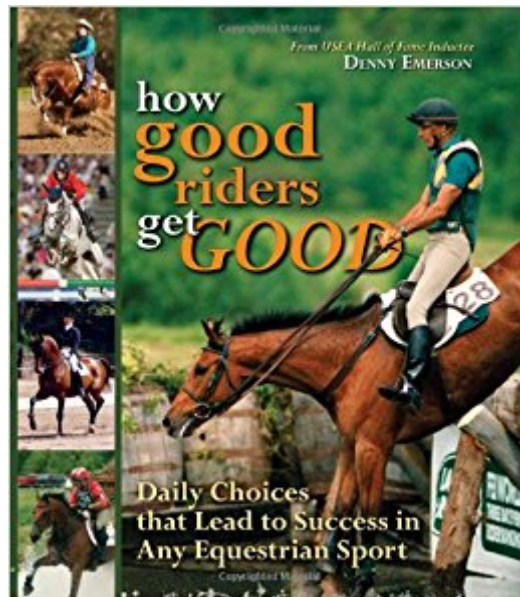


The book was found

How Good Riders Get Good: Daily Choices That Lead To Success In Any Equestrian Sport



Synopsis

This book is exactly what you need to become a better rider. It's a smart, honest, on-target kick-in-the-pants, guaranteed to rev your engines as you see how a few changes in your life, a few smart choices and strategic moves, can transform you from a run-of-the-mill rider into a GOOD one. How does Denny Emerson know what makes a good rider? For one thing, he IS one—he is the only rider in the world to have won both a gold medal in international eventing and a Tevis Cup buckle in endurance. Plus, he's been around great riders, and taught those on their way to becoming great, for over 40 years. How will what Denny knows help YOU become a good rider? It's simple, really. He's boiled the whole thing down into seven broad "Areas of Choice" that collectively determine whether you are a "gonna be" or "you're going to get it done" or whether you'll be stuck in the "wannabe" category for decades. You'll examine how your choice of riding sport may or may not be the best for who you are and where you live, and how those frustrating hurdles known as "life circumstances" don't necessarily hold you back like you think they do. Plus, find out how to build a strong support team by winning people to your cause and choosing the right teachers and mentors. Analyze your physical self (your body, how it is formed and how you care for it) and your intellectual self (your "horse smarts" and how you are adding to them or not) and apply the results to your "gonna-be-good" equation. Learn to take a good hard look at your partner—your horse—and think critically about his ability to help you attain your riding goals. In addition, discover the nine key character traits of successful riders and how you can learn to call each one of them your own. Along the way you'll read the stories of 23 of the world's top riders from different disciplines and sports—including dressage, reining, driving, show jumping, endurance, hunter/jumper, and eventing—and how they "got good" despite the same kinds of challenges and setbacks you face in your own day-to-day riding. You'll get an inside look at their path to success, as well as their very best tips for how to "make it" in the horse industry.

Book Information

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Customer Reviews

I am a middle aged woman who returned to horses after an almost 30yr lapse about 4 yrs ago. I splatter now, instead a bounce, and regaining my confidence after injury (err, injuries) has been a struggle. I am finding this book extremely well written and very inspirational. I wish I had a voice like Mr. Emerson's in my ear over 35 yrs ago. Although he speaks to those who would aim for the highest levels or pursue a career with horses, his advice applies to steady old plugs like myself who thrive on the pursuit and process of better and more subtle horsemanship (and yeah, I may yet get to the point where I feel I can kick ass). He does a very effective job of conveying life experience without turning the book into a memoir and is extremely thoughtful and insightful in his observations and advice.

This book is a must-read for everyone in the horse world. Denny Emerson does not suffer fools gladly. He will not accept excuses for why you can't be a better rider. Not enough money, not enough time, not the best horse. He explains how you can make things better no matter your circumstances. If you truly desire to be better, you will make it work.

The book is great but does not translate well to the kindle. The text boxes get added into the general text so it makes for a confusing read. Its much easier to follow in the paper version

I bought this book hoping for a step by step guide on how to become a successful rider, but let me be clear: this is not that type of book!! However, despite the fact that it was not what expected, this book has exceeded all of my expectations and quite frankly may be the best self help book ever written. Denny's frank honesty is refreshing and his no excuses attitude inspires readers to demand more of themselves. He discusses topics faced by riders of a disciplines such as making the most of your financial circumstances and enhancing your character. I have become a better rider, student and overall person because of this book. Thank you Denny!!!

Ive followed Denny on FB for a while. I downloaded this book three days ago, and only set it down

to ride! I'm an older rider (55++), no plans to go pro....yet I still work at, and dream of, being a better rider. This book was written for people like me.

This is a great book--it clearly states all the things we equestrians ponder. How many of us have seen promising riders just fizzle out thru lack of direction? Eventho I am an older rider, it helped clarify so many issues. I appreciate all the wisdom that has been shared.

An excellent book by a true expert. A good rider is a responsible rider, that is the main point throughout the book. How good riders get good and stay that way all boils down to being responsible. Something that is missing in today's society.

This book is brilliant. It contains a good variety of tools, ideas, interesting looks into Denny's life and career (which support his suggestions for why you should do things a certain way) and a good dose of smack in the face reality that you need if you really want to see some positive changes in your riding, and potentially your life. Even if you're not looking to hit the next Olympics, this book offers great perspectives for changing the way you think about riding, competing and your horse. Even simple things like having your goals clearly thought out and taped in places you'll see them - like your tack room, fridge, night stand etc can help you ensure your next ride helps you achieve something in your quest to do better/BE better. Imagine if every single ride moved you one step closer to your goals - Denny helps you think that way. Great bios from other riders help you consider things from different angles too, including people covering off some common mishaps/obstacles in riding and life. This book has made such a difference to my riding, including taking stock of some pretty drastic choices and deciding that yes, I do want to take the next step with competing. I recommend this book to beginners and professionals alike - the former will gain invaluable advice to set a fantastic foundation in their riding and competing; while professionals can use this book as a breath of fresh air to reconsider why they're doing what they do and how it could be done better. No matter your discipline, Denny has given it a shot and has relevant advice. As an earlier reviewer said, Denny doesn't suffer fools gladly and will help you to cut through excuses like no money/wrong training/wrong horse. Everything is possible, it's up to you to make it happen if you really want it. Denny Emerson helps you with tools and advice to take the next step. Your riding - and your grateful horse - will soar as a result :)

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